



A few of my Graduates at KSU

**100% of My Last Class at KSU  
Passed the ACE Certification Exam**

**BECOME A LEADER IN THE  
FITNESS INDUSTRY**

**KSU CERTIFIED INSTRUCTOR**



**NHCA CERTIFIED  
NFPT CERTIFIED  
SNBF JUDGE  
NPC JUDGE  
BODYBUILDER  
OWNER OF 3 STUDIOS  
TRAINED OVER 2000**

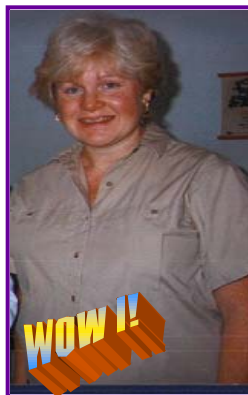
**“TRAINER OF TRAINERS”  
PAUL C. FELDMAN**

**Classes are forming NOW!!!  
Get Info at:**

**www.bodydesigntraining.com  
for more information.**

**Get Fit Now & Show Others How to Get Into  
Shape & Stay Healthy At Any Age!**

**BECOME ALL YOU CAN BE TODAY!**

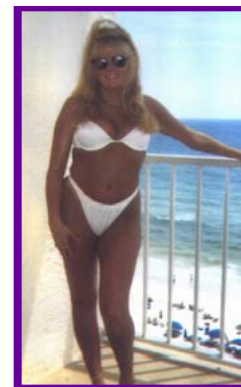


**Bodydesign Transformation- In just 2 years!  
- CLIENT TO PROFESSIONAL TRAINER-**

**Build a Solid  
Education at  
Bodydesign  
Institute of  
Personal Training**



**Real People Real Results!**



**Client Transformation in Less then 2 YEARS!  
Client to NFPT Certified Personal Trainer**

**BECOME A TRAINER TODAY !!**

- One on One Personal Fitness Training
- Weight Loss Programs
- Motivation/Marketing
- Nutrition Consulting
- Weight Management
- Body Fat % Testing
- Group Training
- Sports Specific Training
- Youth & Teen Fitness
- 10 Different Training Techniques
- Rehabilitation

**Call to Reserve Your Space NOW!  
770-980-9888**

BODYDESIGN  
INSTITUTE of  
Personal Training

Will Teach You:

How To Combine Proper  
Nutrition, Cardiovascular  
Conditioning and  
Strength Training to Custom  
Design Fitness Programs for  
Your Client's Individual  
Fitness Goals and Body Type.



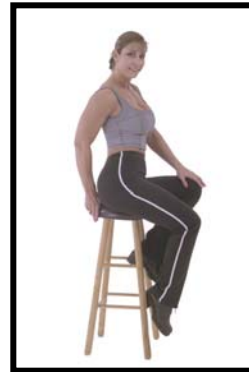
**YOU WILL GET THE  
EDUCATION AND  
EXPERIENCE YOU'LL NEED TO  
BE A PROFESSIONAL TRAINER**

**NO MERCY**



Bodydesign Will  
Teach You The  
Hands On Skills

You'll need to Achieve  
Optimum Health and  
Fitness Through  
Motivation and  
Discipline and  
Boosting Self  
Confidence



**Client to Personal Trainer in 2 YEARS!**

**Marigetta**

**770-980-9888**

**Visit us@ AT**

**www.bodydesigntraining.com**

**To Get Directions go to**

**Locations/Marigetta**

**YOU'RE NEVER TOO OLD TO  
GET INTO SHAPE!**

**LEARN NOW - WE'LL SHOW YOU HOW**



**THE CERTIFICATION PROGRAM**

**12 WEEK COURSE  
WEEKLY 3 HOURS EACH**

**NATIONAL RECOGNITION  
NFPT CERTIFICATION**

**CPR CERTIFICATION**

**3 DIFFERENT TEST DATES  
SMALL CLASSES 4-12 STUDENTS**

**GUARANTEED  
THE BEST  
CERTIFICATION  
PROGRAM  
FOR THE  
\$ MONEY \$**